



## Results and remarks

Participant: *Glenn Silver*  
Coach: *Marcel Dekker*  
Date: *Friday, 7 February 2014*

## Table of contents

- Preface
- Introduction elements
- Elements rated
- Preferred element
- Combination pattern
- Resistance and compensation
- Work
- Hemispheres of the brain
- Day rhythm
- Introduction giving and receiving
- Giving and Receiving
- Deepening
- Participant comments
- Coach comments
- Mind map
- Contact details

## Preface

This report of Mindconnexion is automatically generated following the mind scan you made on set date under responsibility of named mentor. It is intended to support the exchange about a by participant and mentor together decided subject related to the participant's current or (possible) future role. The tool is at its best an addition to support existing methods, procedures and experience the mentor has at his or her disposal. Mindconnexion creates via this report and related model as displayed in the report a framework to discuss personality characteristics and behavioral competences.

### Interpretation

The broader the information in this report is interpreted the better the experiences and beliefs present can be acknowledged, recognized and accepted by the participant. The participant as well as the mentor can add supplementary comments to this report. The outcome and design of Mindconnexion are not meant as tool to test and/or evaluate participants in anyway.

We wish you much inspiration with next big(ger) or smal(ler) steps in your career!

Kind wishes,

Mindconnexion

## Introduction elements

The results in this area give an impression of the preferences you indicated translated by Mindconnexion in the functions of awareness Thinking, Willing, Feeling and Doing.

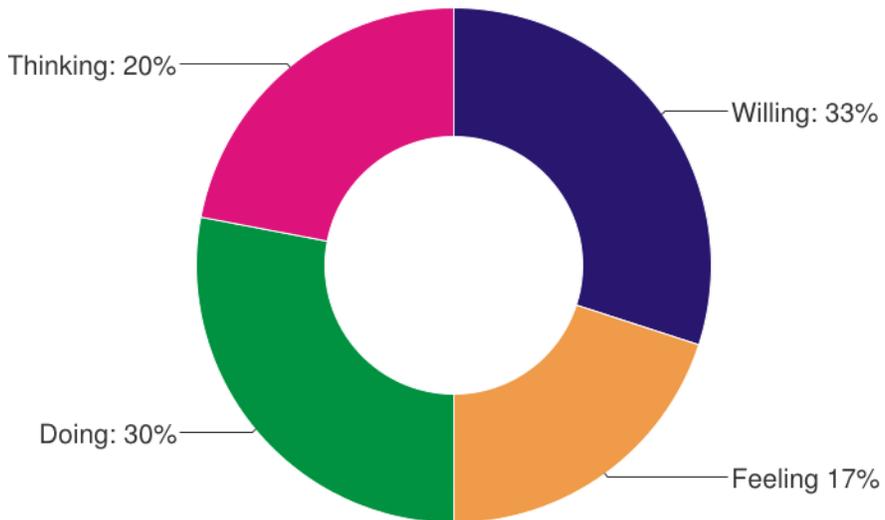
### Ecology

In her model Mindconnexion consciously has chosen to use the four elements air, fire, water and earth based on the vision of the existence of deep connections and connectedness between all beings and forces populating and forming the world. This way Mindconnexion hopes to raise awareness for the responsibility we have for our planet.

This outcome can be regarded as a representation of a snapshot of your personal ecology; the inter cohesiveness between all inner and outer qualities and capabilities you have available. Every quality or capability is as a part inextricable connected with all other qualities and capabilities. These influence each other and are connected with larger entities. This is most visible in the mind map in the back of this report.

## Elements rated

### Scan 1



Series	Thinking	Willing	Feeling	Doing
s1	1	4	2	3
s2	1	3	2	4
s3	4	3	1	2
<b>Total</b>	6	10	5	9

## Scan 2

First preference: 5

Second preference: 6

Gender: Man

## Preferred element

Mindconnexion distinguishes four elements connected to specific functions of awareness; Air-Thinking, Fire-Willing, Water-Feeling, Earth-Doing. These functions of awareness are specifically tuned to receiving, processing and relinquishing of thoughts, visions, feelings and matter. In principle you have all four functions of awareness available to you. To what extent an element is used can differ from person to person. Below you find the element you prefer the most at this moment and with which you feel the most connection with to approach yourself and the world.

### Fire-Willing



Aimed at: **Image and Action**

Verb: To envision

Core: Self-aware

According to Mindconnexion you approach the world and yourself at this moment the strongest from Willing. You like action and dynamically look for excitement. Impressions instinctively get converted in expression. Images and passion are your most powerful instruments. You listen to your intuition. "Knowing what you want" is your drive or motivation. You approach your goal directly and you want to realize it NOW. You are proud, have the need to be in the center and want to be admired. You have a sunny disposition. You have strong convictions and the ability to persuade others. You want and can motivate and invoke enthusiasm in other people. You are impulsive, opinionated, idealistic and principled. You are touched by the suffering in the world and at the same time you are focused on yourself. Willing is a process of the heart. Externally you get inspired by (more) objective images and convert these internally in goal oriented (more) subjective actions. Willing magnifies your sense of self-worth.

*You are like Fire; light-emitting, warm, inspiring, sometimes aggressive, concise and Fiery.*

## Combination pattern

The combination pattern below is composed of the two elements you gave the most preference. It gives an impression of your motivation or inner drive combined with the way you present or show yourself in and to the world. The description of your elements-combination encompasses a description of the way you (prefer) to work, competences and associated key words.

### The Practically Oriented Initiator



*Let's Look At It Business-wise And Realize It NOW*

#### **From Action to Form**

Fire-Willing is connected with Earth-Doing. You prefer Willing the most. It's where you find your inner drive and basic security. You use Doing as your way to the outside world or it is your presentation. You are producing based on goal-oriented action. In the and your "outer world" you become inspired by a vision and are focused on structure. In the and your "inner world" you are leading and you gather material.

#### **Competences**

*Lead, Decide, Interact, Influence and Present*

*Structure, Produce, Undertake, Perform*

#### **Key words**

Drives: *Ideal, Matter*

Attributes: *Adventurous, Dutiful*

Verbs: *Envision, Structure*

Qualities: *Leadership, Efficiency Pioneer, Produce*

Work atmosphere: *Strategy, Production Creative, Practically*

Tuned in to: *I (Self), It (Object)*

Focus: *Self-awareness, Physical*

Helps by: *Motivating, Supporting*

Belief-system: *Wants to be Seen, Wants to be Valued as Competent*

Traps: *Crossing Borders, Distant Objective*

Aversion/Attraction: *People preferring Air-Thinking and/or Water-Feeling*

Leadership: *Visionary, Centered*

## Resistance and compensation

When the presence of an element or function of awareness is strong or weak (compared to the balance) it can point at the occurrence of resistance or compensation. Resistance has to do with objection, something you omit or it functions as a kind of constraint. Compensation is looking for and finding satisfaction in a certain behavior to overcome an unwanted idea, feeling or experience. Resistance is a movement of avoiding and compensation is a movement of searching. In Mindconnexion resistance is connected to receiving aspects of the functions of awareness; Information, Image, Contact and Material and compensation is connected to the sending aspects; Concept, Action, Relation and Form. Below an indication is given per element if there is resistance, compensation or balance.

### Compensation in Fire-Willing

Area: *Action*

Orientation: *Inner world*

Can lead to: *Manipulation*

Likely you express yourself and your inspiration a lot. Ideally you would like to determine everything yourself. You steer on what 'needs' to happen. Impulsiveness, concentration on yourself and an unrestrained desire for direct action, can come with manipulative ways of dealing with others. You could be in danger of burning yourself out.

*Nuance - Your result of the element below is not far removed from balance. You can let this text weigh less in your interpretation. Take out of it what appeals to you!*

### Compensation in Earth-Doing

Area: *Form*

Orientation: *Outer world*

Can lead to: *Destruction*

Probably you trust too much on things as they literally appear to you. Possibly you are attached to everything that at that moment seems to work. You might have the tendency to work too long or too far. This can have the consequence that what you are building is also slowly breaking down without you noticing. Unforeseen circumstances and/or events can sometimes bring you out of balance.

*Nuance - Your result of the element below is not far removed from balance. You can let this text weigh less in your interpretation. Take out of it what appeals to you!*

## Resistance in Air - Thinking

Area: *Information*

Orientation: *Outer world*

Can lead to: *Inferiority*

Although you take in information, you probably have difficulty digesting or filtering it. Maybe you find it hard to arrange the information or is it difficult to translate the information into an own vision or a plan. It can also be difficult to reflect on yourself and the world. You find it harder to adapt to new ideas, situations or people or you might have the idea that you are the lesser or inferior.

## Resistance in Water-Feeling

Area: *Contact*

Orientation: *Inner world*

Can lead to: *Closed-ness*

Possibly you find it more difficult to connect with your own feelings or you don't utter your feelings. You might find it hard to give yourself fully to life or to the other. You can receive the feelings of others but you might avoid intimacy and relationship. This can make you insecure about yourself and about your contact with others or it can invoke a feeling of distance and closed-ness in yourself and/or in the other.

## Work

Below you will find a refined version of your elements-combination about Work, Relating with people and Work environment. The results are presented per subject in two columns of key words connected with your preferred elements. In most cases the first column of key words is perceived as a bit more important than the second column. You can connect the definitions to your current state or a desired state.

### Work

This is about the nature of the work you are doing at the moment or you consider as suited for you. It shows which qualities you find most attractive or which qualities you deploy a lot in work or activities.

Air-Thinking: *Analyze, Organize, Advice, Overview*

Fire-Willing: *Pioneer, Leadership, Motivate, Goal-oriented*

### Relating to people

This is about how you relate at this moment to for example colleagues, customers and people in your network or how you really would like to relate to people.

Earth-Doing: *Common sense, Enjoy, Certainty, Business-like*

Fire-Willing: *Driven, Convince, (Ego)centric, Passion*

### Work environment

This is about the type of organization or department where you work at his moment or where you would like to work. A specific job can be practiced in many different industries. In some work environments you feel more at home than in others.

Fire-Willing: *Action, Impulsive, Visual, Idealism*

Earth-Doing: *Result, Practical, Physical, Material*

## Hemispheres of the brain

The four functions of awareness have in Mindconnexion's vision a specific relationship with the hemispheres of the brain. The left hemisphere performs tasks related to Air-Thinking and Earth-Physical and your right hemisphere performs tasks related to Water-Feeling and Fire-Intuition. Your left hemisphere focuses more on matter. Your right hemisphere focuses more on energy. Your left hemisphere has the ability to analyze and process information in a certain sequence. New information is understood by connecting it to previously stored information. Your right hemisphere has the ability to connect and process multiple kinds of (abstract) information at the same time. Your left hemisphere controls and activates the right part of your body and your right hemisphere the left part of your body. Your brain hemispheres are connected through the corpus callosum. This connection is involved in the exchange of information between the two hemispheres of the brain.

### Brain hemispheres in balance

You evenly use the properties of both hemispheres as explained above.

## Day rhythm

Every human being lives in one way or another in a certain day-rhythm. For a large part your day-rhythm is determined by your character or personality. Where one person gets mostly their inspiration at nighttime, others have this mostly in daytime. One person feels most at ease in the morning to work on plans, the other mostly in the evening. Below is described which day-rhythm fits you best at this moment.

### Day rhythm Fire-Willing

You get up and immediately want to give expression to your inspiring dream or vision. You look for immediate action and are in that moment literally inflamed with passion. You have a lot of energy and want to expose this. Later on in the morning you want to get to work physically, giving form to your flowing energy. At the start of the afternoon you look for contact mainly to be seen. At the end of the afternoon you make plans for things to come. During dinner you look for conversation. Afterwards you take some space to review your day and gather knowledge. In the evening you are open to contact with others. In your sleep you process physically what you experienced during the day. Your dreams are a big source of inspiration. *Remember your dreams.*

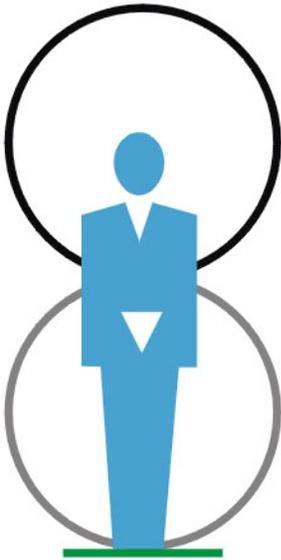
## Introduction giving and receiving

The abilities of Receiving and Giving play a part in all bodily and mental processes taking place inside you. You take in food, process it through digestion and relinquish food remainders. You breathe in oxygen, process it through your lungs and blood and relinquish CO2. In a similar way you also treat among other things thoughts, inspiration, warmth, love, feelings, care, energy or money.

Your abilities for Receiving and Giving have mainly to do with the ability to Receive yourself in life and to Give yourself to life. To Receive yourself in life equals to give yourself the space for everything that you are and receive of life. To Give yourself to life equals to bring out all that you are and have to offer.

You just have these abilities in you. Your reaction to your impression of the relationship with your mother is related to your ability of Receiving. Your reaction to your impression of your relationship with your father is interwoven with your ability of Giving. The abilities for Receiving and Giving can make the combination pattern in this report stronger, harmonized or weaker.

## Giving and Receiving



*In de image above the black upper circle stands for Receiving and the grey lower circle for Giving.*

### Giving balanced Receiving balanced

According to Mindconnexion you take in sufficient room to receive all that you are and are given from life. You sufficiently utter to the outside world of all that you are and have to offer.

Harmonized: *Thinking and Willing*

Harmonized: *Doing and Feeling*

Impression of (the relationship with) the mother: *balanced*

Impression of (the relationship with) the father: *balanced*

## Deepening

Below you'll find a deepening of your result for Giving and Receiving. This further deepening shows how someone can position him or herself in general towards people and relationships. When balanced there is no further explanation given.

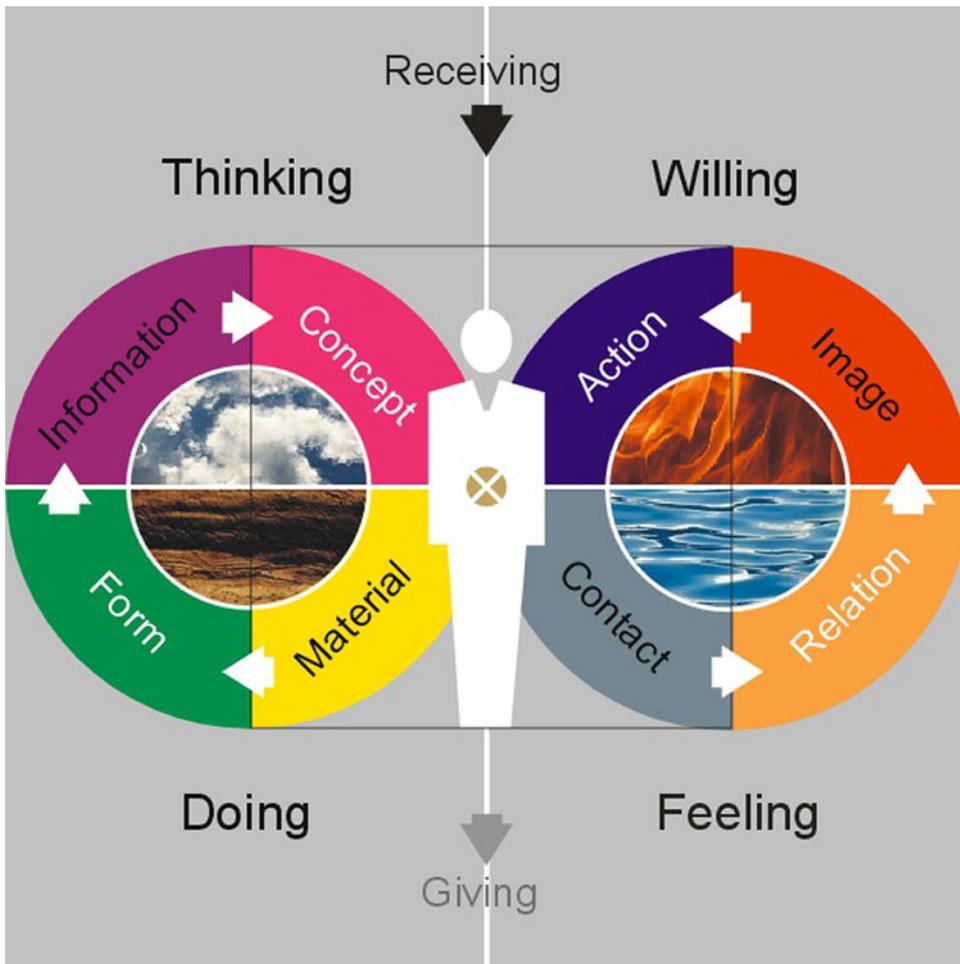
Giving balanced

Receiving balanced

## Participant comments

## Coach comments

# Mind map



## Contact details

Idea and implementation by Marcel Dekker of Elementaal  
Author's rights and idea rights owned by Marcel Dekker of Elementaal

Copyright 2011 Mindconnexion Mindreflection B.V. te Maasland

IT-realisation by Soflomo see [www.soflomo.com](http://www.soflomo.com)

English translation by Dorret Groot Wassink

Mindconnexion is a product of Mindreflection B.V. in Maasland

For more information about application, use and memberships see [www.mindconnexion.nl](http://www.mindconnexion.nl)

Mindreflection B.V.  
p/a Drie Hoeven 23  
3155TR Maasland  
The Netherlands